## Domestic Violence Resources

## **Signs of DV**

- physical, sexual, emotional and verbal threats &/or abuse
- extreme jealousy
- putting you down
- preventing you from spending time with friends/family
- insulting, demeaning, intimidating or shaming you
- controlling finances
- pressuring you to have sex, use drugs, or alcohol
- monitoring computer/internet usage

## **Getting Help**

- Call 911
- National DV Hotline: 1.800.799.SAFE (7233)
- Text "START" to 88788
- Chat live with an advocate at thehotline.org
- National Sexual Assault Hotline: 1.800.656.4673
- Maricopa County Shelter Line: 480.890.3039
- ACESDV: 602.279.2900
- AZ Point.com for an Order of Protection

## **Resources**

- AZ Coalition to End Sexual and Domestic Violence (ACESDV)
- myPlan App-Safety Planning
- Phoenix Family Advocacy Center @ 2120 N. Central Ave, Suite 250 Phoenix, AZ
- Mesa Center Against Family Violence @ 130 N. Robson Mesa, AZ
- Scottsdale Family Advocacy Center @ 10225 E. Via Linda Scottsdale, AZ
- Glendale Family Advocacy Center @ 4600 W. Glendale Ave Glendale, AZ
- Winged Hope Family Advocacy Foundation @ 929 N. Val Vista Dr. Gilbert, AZ

